**2020 District 17-AAAAAA**

**Track and Field Policy**

**VARSITY MEET INFORMATION**

* District Track and Field Date—Three day format with rain dates built in.
	+ Mon., 3/30, Tue., 3/31, Thur., 4/2 (Rain Dates Wed., 4/1, Fri., 4/3, Sat 4/5)
* Day 1: Running Prelims & 3200M Final – Monday, March 30
* Day 2: Field Events – Tuesday, March 31
* Day 3: Running Finals – Thursday, April 2
* Site – Stratford HS, SBISD

**17-6A District Varsity Track Schedule**

**(3 Day Meet Schedule)**

**Day 1 – Monday, March 30**

3:15Scratch Only Meeting and Meal – Stratford HS Rubber Gym

 4:00 Running Prelims

 Order: Girls followed by Boys

 4:00 4 x 100m Relay (if more than 8)

 4:20 100m Hurdles (Girls 33”)

 110m Hurdles (Boys 39”)

 4:45 100m Dash

5:104 x 200m Relay (if more than 8)

 5:35400 m Dash

 6:05 300m IH Hurdles (Girls 30”, Boys 36”)

 6:30 200m Dash

 7:00 4 x 400m Relay (if more than 8)

7:303200m Run (Finals)

**Day 2 – Tuesday, March 31**

 3:00 Scratch Only Meeting and Meal – Stratford HS Rubber Gym

4:00 Field Events - **Awards (medals) will be given after the event to athlete**. The athletes will be escorted to the awards stand by a worker and the PA announcer will call out the places and names of the athletes.

 **Field Event Schedule**

**4:00 5:30 6:45**

 Boys High Jump (5’8”) Girls High jump (4’6”)

Boys Pole Vault (11’) Girls Pole Vault (7’)

 Girls Long Jump Girls Triple Jump

 Boys Long Jump Boys Triple Jump

 Girls Discus Boys Discus

 Boys Shot Put Girls Shot Put

**Day 3 – Thursday, April 2**

 3:45 Coaches and Workers Meal – Stratford HS Rubber Gym

 4:15 Track Open For Warm-up

 5:45 Track Closed For Warm-up

 5:50 National Anthem

 6:00 Girls 4 x 100m Relay, Boys 4 x 100m Relay

 6:10 Girls 800m Run, Boys 800m Run

 6:25 Girls 100m Hurdles, Boys 110m Hurdles

 6:40 Girls 100m Dash, Boys 100m Dash

 6:55 Girls 4 x 200m Relay, Boys 4 x 200m Relay

 7:10 Girls 400m Dash, Boys 400m Dash

 7:25 Girls 300m Hurdles, Boys 300m Hurdles

 7:45 Girls 200m Dash, Boys 200m Dash

 7:55 Girls 1600m Run, Boys 1600m Run

 8:15 Girls 4 x 400m Relay, Boys 4 x 400m Relay

 8:35 Presentation of District Championship Plaques