**SBISD**

**Will Taylor Relays**

**February 16, 2019**

**7:30 am Coaches Scratch Meeting (Cafeteria)**

**8:30 am Field Events: 4 Jumps/ 4 Throws (no finals)**

**Shot G/B**

**Discus B/G**

**High Jump G/B**

**Pole Vault B/G**

**LJ first followed by triple jump for both – Girls East; Boys West**

**9:00 AM Running Events: All events are final; Girls followed by Boys**

**3200**

**DMR** (12-4-8-16) (Start Waterfall all exchanges Blue to Blue)

**Swedish Relay (1-2-3-4)** (Start at 200 White line, 1st runner 100 Gold zone, 2nd runner breaks after exchange zone, 3rd runner dotted 300 line lined up in order of runner coming in, 4th runner 3rd and 4th exchange of 4x400 blue diamond.

1600 Open (no points)

**11:45 Lunch** will be provided for Coaches (will be announced)

**Running Events:** (approx. One hour after field events concluded)

**4x100 (Exchange Zone Gold, Start Gold)**

**800**

**100/110 Hurdles**

**100**

**800 SMR (1-1-2-4)**

**300 Hurdles**

**1600**

**4x400 (Exchange zone 1 Blue staggered diamonds, 3&4 Blue Solid Diamonds)**