**Memorial Girls Track to College Station – March 5-6, 2020**

**Meet is at College Station High School**

**Thursday, March 7**

7:30 am Bring luggage to locker room (consider being dropped off to not leave cars).

10:30 am Attend class and getting out during 4th period (11:15 am) must attend morning classes to attend trip unless approved.

11:15 – 11:30 pm Load, dress in uniform, and eat (**athlete bring your own lunch & eat**)

Reminders- tent, mats, equipment bag, first aid kit, batons, spikes replacements

**11:40 am Depart for College Station**

**1:15 pm – Arrive at College Station HS Meet**

**1:30 pm- Start Warm-up for FE (LJ, Shot) & 3200 (starts @ 2:30 w/JVG, then VG)**

**2:00 – Field Events start with LJ & Shot**

**3:15 – 3:30 pm- Jason’s Deli Sandwiches delivered to meet (be wise when you eat)**

**5:00 pm – Running Events Start with 4x100 and then UIL order**

**During 4x400 – Pack up and Load bus**

9:30 pm – Approx arrival & unload @ **The Stella Hotel – 4100 Lake Atlas Dr. Bryan, TX 77807**

**Will have food delivered at Hotel**

11:15 pm - Lights out

**Friday, March 8**

7:45 am Eat Breakfast as a team in The Aurora Room - afterwards dress, and clean/straighten rooms (no trace left behind)

9:15 am Load bus and depart for MHS

11:00 am -Arrive to MHS and go to class (communicate to teacher if you can attend most of 4th period during 8th p or your lunch); you must check in with us 8th period to communicate if doing make-up work.

Bring all gear; prepared for any type of weather (spikes, uniform, blacks, sweats, rain-suit).

**Failure to follow these rules will result in calling parent for retrieval from College Station**

1. All athletes must ride with team to/from College Station (per SBISD policy)
2. No girls are allowed to change rooms and sleep in a room not assigned.
3. Athletes may not leave hotel or meet vendor downstairs without permission.
4. No girls will be allowed in any rooms but SBISD. No exceptions to this!
5. No charges will be made to the room or damage or athlete and parent is responsible prior to departure.
6. All team rules will be followed including alcohol, drugs, etc. No exceptions to this!
7. **Remember you represent yourself, your family, your team, and Memorial High School when you travel and compete. Remember our motto- “It’s the MUSTANG WAY” and what it means!**
8. All curfew rules will be followed or parents will be called to pick athlete up.